

RESIDENTS GUIDE

ASHTONLEIGH RESIDENTIAL AND NURSING HOME
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WELCOME TO ASHTONLEIGH

Ashtonleigh is a large detached home which is privately owned and runs as a dual registered home for nursing and residential care with registration for 17 Nursing and 37 Residential for the elderly with or without dementia. Ashtonleigh is situated in Horsham, approximately one mile from the main town centre.

The accommodation covers the ground, middle and top floor with access via staircase or passenger lift.

The home has 48 bedrooms, 42 for single occupancy and 6 twin bedrooms. 17 of these rooms have been equipped with en-suite facilities, 26 of the rooms have wet rooms and the remainder have a hand wash basin. The home has an assisted bath, toilet facilities and a shower.

Ashtonleigh has an attractive, enclosed garden with a paved patio area where residents can relax outside, weather permitting.

The home itself is accessible to wheelchairs.





AIMS OF ASHTONLEIGH RESIDENTIAL AND NURSING HOME

Ashtonleigh residential and nursing home aims to enable elderly people to continue living independently by providing 24-hour care. It aims to provide a high standard of accommodation. The homes policy is to provide you with a secure, relaxed, homely environment and enrich your care. We promote choice and individuality, personal well being and comfort are of prime importance.

We value each and every individual who comes to stay at Ashtonleigh. We welcome applications from all walks of life. You will be assured that you will be treated with respect and dignity according to the individual needs and wishes.









WHO COMES TO LIVE IN ASHTONLEIGH

Any older person is entitled to apply for a place in Ashtonleigh, including married couples or partners who require long term residential or nursing care with daily living skills. We also accommodate residents with mild to moderate dementia in the residential side and more advanced dementia in the nursing wing upon assessment from the manager, to state the home can meet their needs











WHAT QUALIFICATIONS DO STAFF HAVE

Ashtonleigh is currently under the senior management of Nicola Ambler who has many year's experience as a Manager, is an RMN and is responsible for overseeing the day to day running of the home. The home also has another Registered Manager called Laura Kaminski, she has worked at the home for the past 13 years. A typical shift pattern will include the manager, receptionist, registered nurse in the nursing wing, and 7 care staff all with a mix of skills and knowledge. The home has 1 nurse to manage the 17 beds in the nursing wing. They are complimented by ancillary staff, i.e. cook, domestic, activity organisers, a maintenance person and housekeepers. In the nursing wing there are 17 nursing bedsled by 1 registered nurse on each shift. This is also overseen by the 2 managers. The Nurses are trained to a high standard and have all competencies required to nurse for residents on the nursing wing.

The home is fully committed to staff training and development. The staff are constantly working towards their NVQ qualifications and new staff complete the Care Certificate. We also run varied training for all the staff on a monthly basis. The staff are all trained to look after residents that have varied care aspects including mild to moderate dementia.



Nicola Ambler Senior Manager



Laura Kaminski Registered Manager



Nick Purtill Deputy Manager



Caroline Hillier Deputy Manager



Hanna Marchant Deputy Manager and DoL's Lead



Kaddy Samateh Night Team Leader

HOW TO APPLY

Please telephone the home and make an enquiry and a virtual viewing can be arrange, if you wish to have a brochure sent prior to viewing then just let us know. Appointments are necessary. Whilst viewing the home we will take some information and advise you on the next steps. If we have no vacancies you can go on the waiting list and will be contacted when a vacancy arrives.

WHAT HAPPENS NEXT

Provided there is a vacancy and you are happy with the viewing, an assessment takes place by an allocated member of staff, if they are accepted admission is arranged. Admission is generally on a month's trial basis. The care and support needed is assessed and discussed with the resident and/or next of kin and a care plan drawn up to give our residents the best of care. If anyone requires any special equipment for their care, this is arranged before admission takes place. The care plans are reviewed on a monthly basis, and we gain consent from the residents and relatives if they wish to be involved in this process.

HOW IS THE CARE PROVIDED?

The care plan is the basis on which Ashtonleigh delivers its care needs for the residents. This includes, amongst others, the preferred term of address for the resident, dignity, respect and privacy and all health care needs, nutritional assessments and risk assessments.

Social and religious activities are noted, so that these can be incorporated in the plan and residents can benefit from contacts outside the environment of the home.

The homes activity organisers are on hand to make life more stimulating and outside entertainers are incorporated into the activities.

The home has a retained doctor who completes a virtual visit once a week, but you are able to keep your own doctor if you wish.

The hairdresser works every week on a, Monday, Tuesday and Wednesday, with residents being able to take full advantage of our in house hair salon. The chiropodist visits every 6 weeks, optician and dentist visit when needed and also district nurses attend to do any dressings and blood tests that are required.











MEAL TIMES

Breakfast - 8am - 9:30am in dining rooms or room service

Tea/Coffee trolley between 10am and 11am

Lunch 12pm – 1:30pm in dining rooms or room service

Tea/Coffee trolley -2pm

Hydration and snacks trolley – 3-4pm

Supper 5pm – 6pm in lounge room or room service

Evening - drinks and snacks 8pm onwards

However, all meal times are flexible with varied menu that takes in to account of preferences/choice, dietary and religious beliefs.

Dot Sheppard Cook







HOW DO WE ASSURE QUALITY? USER SURVEYS AND VIEWS OF THE HOME

We are committed to maintaining and improving the quality of our service. We have comprehensive quality policies and procedures which are constantly reviewed. An important part of our approach is to obtain the views of our residents, relatives, their representatives, staff and professionals. We do this by holding resident and relative meetings, relative newsletters, managers meeting, staff meetings, and also sending out quality assurance questionnaires. We take all the comments we get very seriously and audit them on their return and if we feel this will improve the running of the home, we will change our policy. All our quality assurance is on display in the entrance hall along with the complaint's procedure.



INFECTION CONTROL AND SAFETY DURING COVID-19 PANDEMIC

All the staff strive to keep the residents of Ashtonleigh safe and well. PPE is provided and in good supply and all staff wear face masks at all times when in the building.

Residents are swab tested every 28 days and staff are swab tested twice a week.

The home has a booking system for visiting and there are various ways of visiting loved ones. This can either be via video call, through a window, at our side door visiting area which has shelter and a heater or in the garden. Visiting inside the home is supported with testing and PPE is provided. Residents can also arrange to go out. All visiting and visits out need to be pre-booked in advance as there are certain time slots available.

INSPECTION REPORTS

A copy of every new inspection report is always kept by the main entrance. They can also be downloaded from the CQC web site. Ashtonleigh is currently rated Good

KEY CONTRACT TERMS – ADMISSION, OCCUPANCY, AND TERMINATION

When people move into Ashtonleigh one month is built into the occupancy agreement to decide whether "this is the right placement for them". The four weeks of residence is mutually agreed as a trial period. Also, a consent for care form will be completed.

A resident is allocated in a specific room and every effort will be made to ensure that room remains available for their use.



You can terminate your residence with Ashtonleigh or vice versa by giving each other one calendar month notice to expire at any time.

In the event of death, one calendar month's fees shall be payable to allow time for the accommodation to be vacated and refurbished as necessary.

FEES

Fees start from £650.00 to £1500.00 per week which is payable four weeks in advance. The level of fees is dependant on choice of rooms and level of care. Some or all of these fees may be met by the local authority health service. In the nursing wing the fees will be the cost of the room plus FNC.

The fees include all care and accommodation cost, food and drink, heating and lighting, any laundry done on the premises and any other services provided by staff. Residents are expected to pay from their personal allowance, for newspapers, clothing, personal toiletries, books, magazines, and additional services such as hairdressing, chiropody and dentist.

Fees may be paid by standing order or direct debit. All forms will be given to you on admission.

There is no extra cost for any equipment required for the residents as most of the equipment is supplied by district nurses.

ADVOCACY SERVICES

If anyone who resides in Ashtonleigh requires an advocate, our receptionist can supply you with information about advocacy services and who is available.

Accessible information

If you require this information in a different format, please ask at reception.